Dear SoonerCare or Insure Oklahoma Member,

The H1N1 vaccine is now available. The vaccine is also called the swine flu vaccine. You may be able to get the vaccine from your primary care provider (PCP), obstetrician and gynecologist (OB/GYN), the local county health department, or participating health clinics. Check with your PCP about where to get the vaccine.

The vaccine is free. There is no co-pay. Please schedule an appointment as soon as possible. Children under 10 years old will receive two doses. The doses have to be given 21-28 days apart. Please contact your PCP for concerns or questions.

The H1N1 vaccine will not provide protection from the seasonal flu. The seasonal flu vaccine will not protect against the H1N1 infection. You need separate vaccinations for both kinds of flu.

The vaccine comes in two forms. One form is a shot; the other is a nasal spray. Your PCP will decide which one is better for you.

Although the vaccination is recommended for most people, the vaccine is available only in a limited amount now. Those who are considered high risk will receive the vaccine first.

Those considered high risk are:

- Pregnant women
- People who live with or care for infants less than 6 months of age
- Anyone from 6 months of age through 24 years of age
- Anyone from 25 years of age through 64 years of age with chronic medical conditions or a weakened immune system
- Health care or emergency medical personnel

For more information about H1N1, call the Oklahoma State Department of Health Hot Line at 1-866-278-7134. The information is available in English and Spanish. You may also visit www.health.ok.gov or www.cdc.gov for more information.

For questions or more information regarding this information, please call the SoonerCare Helpline at 1-800-987-7767.

Sincerely,

Lynn Mitchell, M.D., MPH
State Medicaid Director