

Behavioral Health Referral Guide

Please consider the following guidelines when making Behavioral Health referrals:

SoonerCare members can self-refer for behavioral health services. (Providers will not have to request referral via the provider portal).
Members have the freedom of choice of provider

If member requests Outpatient Services referral-

- Children 20 years of age and younger can be served by Behavioral Health Groups, Outpatient Mental Health Agencies, Community Mental Health Centers (CMHC's), and Private Licensed Behavioral Health Providers (LBHP's).
- Adult SoonerCare members can access Behavioral Health services at Outpatient Mental Health Agencies and Community Mental Health Centers (CMHC's)
- Adults with Insure Oklahoma Individual Plan coverage can access individually contracted LBHP's, CMHC's, Behavioral Health Groups, and Outpatient Mental Health Agencies.

If member is in need of/ or requests an Inpatient Referral-

- Inpatient behavioral health services are covered for children in general acute care hospitals and freestanding psychiatric facilities.
- Inpatient behavioral health services for adults age 21-64 are covered in general acute care hospitals and for adults age 65 and over in freestanding mental health hospitals.
- Chemical detoxification services for adults between the ages of 21 and 64 are limited to acute inpatient hospital settings.
- Long term residential substance abuse treatment is not a covered benefit for SoonerCare members. If a member requires that level of care please contact ODMHSAS reach out line at 1-800-522-9054.

Call 1-800-652-2010 for assistance with locating a behavioral health provider to conduct further assessment