

Sleep Studies

Per Budget Reduction – Effective 7/1/2015 Sleep Studies are no longer covered for members 21 years of age or older

Documentation Required:

- Copy of Order for the service requested, signed/dated by Physician, PA or APN
- Medical records to include:
 - Face-to-face evaluation within the last six months
 - Documenting the medical necessity of the sleep study
 - Detailed sleep history to include
 - positives and pertinent negatives for snoring (**“snoring” and a description of snoring alone does not constitute a covered indication**)
 - apneas
 - nocturnal choking or gasping
 - restlessness and excessive daytime sleepiness
 - other symptoms as appropriate
 - Assessment of airway anatomy or a referral for airway assessment prior to the sleep study. The exam should include as a minimum
 - The jaw
 - Size of the oral opening
 - Size of tongue
 - Evaluation of the hard and soft palate and the uvula
 - Positives and pertinent negatives
 - Mallampati score is helpful
 - Presence or absence of tonsils
 - If present – size and condition
 - Are the tonsils acutely inflamed or acutely enlarged (**if so evaluation for sleep study should be deferred until acute condition is resolved**)
 - Medical conditions such as obesity, hypertension, stroke, heart disease, congestive heart failure must be addressed
 - Epworth Sleepiness Scale (if ≥ 16 yrs. of age) conducted during the evaluation

Modifiers:

If requesting TC & 26 modifiers, you will need 2 lines on the PA request 1 line with the code the TC modifier and 1 unit and a 2nd line with the same code the 26 modifier and 1 unit. (See below)

| Line | Code | Modifier | Short Description | Units |
|------|-------|----------|-------------------------|-------|
| A | 95808 | 26 | Polysomnography any age | 1 |
| B | 95808 | TC | Polysomnography any age | 1 |

Codes:

| Ages- years | CPT Code | Type of PSG | Description | Sleep Staging with # of parameters | Attended by Technologist |
|----------------------|--|------------------------------------|---|---|-----------------------------|
| 0-999 | 95805 | | Multiple Sleep Latency testing (MSLT) | | |
| 0-999 | 95807 | Sleep Study | Used to dx sleep disorders and evaluate response to CPAP, etc. | Does NOT include Sleep Staging | Yes |
| 0-999 | 95808 | Diagnostic | Polysomnography) | (includes sleep staging 1-3) | Yes |
| <6 | 95782 | Diagnostic | Polysomnography | >4 | Yes |
| <6 | 95873 | Split Night, Diagnostic, Titration | Polysomnography | >4 with initiation of CPAP or BIPAP | Yes |
| >6 | 95810 | Diagnostic | Polysomnography | >4 | Yes |
| >6 | 95811 | Split Night, Diagnostic, Titration | Polysomnography | >4 with initiation of CPAP or BIPAP | Yes |
| 2 Night Study | 95808 OR 95810 OR 95782 PLUS 95811 if \geq 6 yrs. or 95873 if < 6 yrs. | | one full night of diagnostic PSG followed by second night for titration | Submit amendment to add full night Diagnostic study if Split Night doesn't allow >3 hrs. PAP titration. | |