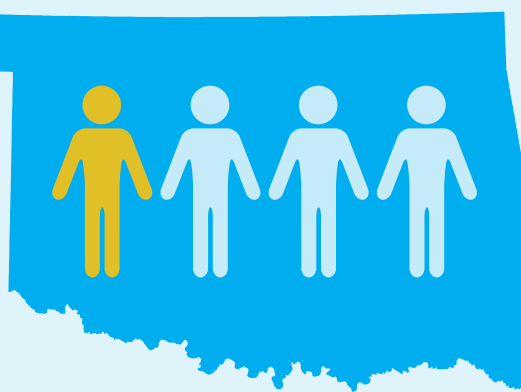


Tobacco Cessation

1 in 4



Nearly 25 percent of American Indians in Oklahoma uses tobacco.

Tobacco use remains the single largest preventable cause of death and disease in the United States. Although cigarette smoking among adults in Oklahoma is down (19.6), tobacco use remains high among American Indians (24.3).

American Indians/Alaska Natives (AI/ANs) have a higher prevalence of current smoking than most other racial/ethnic groups in the United States.

The Oklahoma Tobacco Helpline can help American Indians quit smoking tobacco that is not used for sacred or spiritual purposes. Using a combination of quit coaching from the helpline and tobacco cessation products increases the chance of successfully quitting commercial tobacco.

SoonerCare members can receive the following tobacco cessation medications at no cost and no limits (except for Chantix):

→ **Patches • Gum • Lozenges • Nasal Spray**
Inhaler • Bupropion/Zyban
Chantix (180 days per 12 month limit) ←

For additional information or questions about SoonerCare tobacco cessation benefits, please contact Kelly.willingham@okhca.org or call 405-522-7766.

SoonerCare In Partnership with
Oklahoma Health Care Authority



Source: Centers for Disease Control and Prevention. Current Cigarette Smoking Among Adults—United States, 2005–2015. Morbidity and Mortality Weekly Report 2016;65(44):1205–11 [accessed 2017 Jun 20]. OHCA complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-987-7767. CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-987-7767.