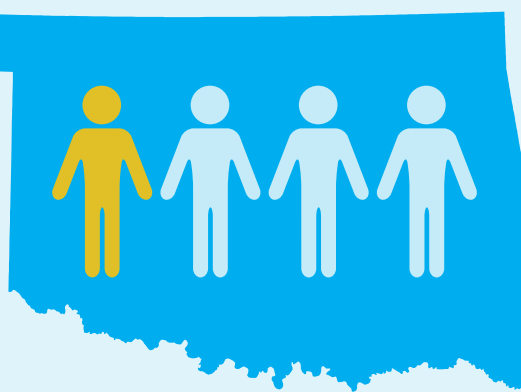


# Tobacco Cessation

1 in 4



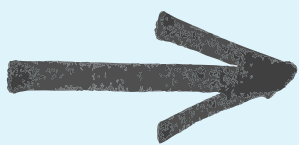
Nearly 25 percent of American Indians in Oklahoma uses tobacco.

Tobacco use remains the single **largest preventable cause of death and disease** in the United States. Although cigarette smoking among adults in Oklahoma is down (19.6), tobacco use remains high among American Indians (24.4).

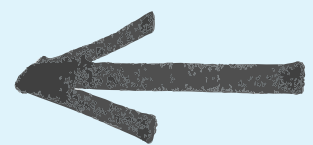
American Indians/Alaska Natives (AI/ANs) have a higher prevalence of smoking than most other racial/ethnic groups in the United States.

The Oklahoma Tobacco Helpline can help American Indians quit smoking tobacco that is not used for sacred or spiritual purposes. Using a combination of quit coaching from the helpline and tobacco cessation products increases the chance of successfully quitting commercial tobacco.

SoonerCare members can receive the following tobacco cessation medications at **no cost and no limits** (except for Chantix):



**Patches • Gum • Lozenges**  
**• Nasal Spray Inhaler • Bupropion/Zyban**



For additional information or questions about SoonerCare tobacco cessation benefits, please contact [Breanna.Russell@okhca.org](mailto:Breanna.Russell@okhca.org) or call 405-522-7172.

**SoonerCare** In Partnership with  
Oklahoma Health Care Authority



Source: Centers for Disease Control and Prevention. Current Cigarette Smoking Among Adults—United States, 2005–2015. Morbidity and Mortality Weekly Report 2016;65(44):1205–11 [accessed 2017 Jun 20]. OHCA complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-987-7767. CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-987-7767.