

DIAL 211 SOCIAL SERVICE INFORMATION LINE

What is 211?

- A single, easy-to-remember phone number to navigate the system of community information and services.
- A system to help individuals locate health and human service resources across Oklahoma.

How Does 211 Work?

- 211 is free, confidential and available 24/7.
 - Just dial 211.
- Talk to the information and referral specialist.
- Receive multiple referrals in your area.



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A GUIDE TO COMMUNITY RESOURCES IN OKLAHOMA CITY



SOCIAL SERVICES





HEALTH EDUCATION

DIABETES

*A referral may be needed from
your provider.

DIABETES EDUCATION CLASSES

- * Oklahoma Diabetes Center
405-271-7000

DIABETES SELF-MANAGEMENT TRAINING

- * Diabetes Center of Oklahoma
405-949-6000

DIABETES SUPPORT GROUP

- * Diabetes Support
405-752-3600

DIABETES INFORMATION

- * www.ndep.nih.gov



SOCIAL SERVICES

FINANCIAL ASSISTANCE

(Rent and Utilities)

- * Jesus House
405-232-7164
- * Community Action Agency
405-424-0315
- * Neighbor for Neighbor
405-236-0473
- * Salvation Army
405-246-1060

FOOD

- * Infant Crisis Services Inc.
405-528-3663 (*referral required*)
- * WIC Hotline
1-888-655-2942
- * Jesus House (food pantry)
405-232-7551

HOUSING

- * Oklahoma Housing Authority
405-239-7551
- * Dept. of Housing and Urban Dev.
405-609-8509



OTHER SERVICES

DENTAL CARE

- * D-Dent
405-424-8092
(*must be 60+ and/or disabled*)
- * OU College of Dentistry
405-239-7551
- * Oklahoma Community Health Services Inc.
405-632-6688

EYE CARE

- * Lion's Club 405-947-6540

PRESCRIPTION ASSISTANCE

- * RX for Oklahoma
1-877-794-6552

SOONERCARE INFORMATION

- * Member Services
405-522-7171
- * SoonerRide
1-877-404-4500
- * Eligibility
405-521-3646

DISABILITY SERVICES

- * Oklahoma Dept. of Rehab Services
1-800-487-4042

HEALTH DEPARTMENT

- * Oklahoma State Department of Health
1-800-522-0203