

Clinical Screening Tools

Health benefit carriers and epidemiologists increasingly recommend the use of screening instruments to identify individuals with undiagnosed disorders, to monitor ongoing symptom severity, and to assess outcomes in clinical practice.

Adolescent

- CES Depression Scale for Children
http://www.brightfutures.org/mentalhealth/pdf/professionals/bridges/ces_dc.pdf
- **11 Item Kutcher Adolescent Depression Scale (KADS-11)**
<http://psychology-tools.com/kutcher-adolescent-depression-scale/>

Alcohol and Substance Use Screening, Brief Intervention, and Referral to Treatment (SBIRT)

- **Screening** - Quickly assesses the severity of substance use and identifies the appropriate level of treatment.
<http://www.integration.samhsa.gov/clinical-practice/sbirt>
- **Brief intervention** - Focuses on increasing the patient's insight and awareness regarding substance use and motivation toward behavioral change.
<http://www.integration.samhsa.gov/clinical-practice/sbirt/brief-interventions>
- **Referral to treatment** – Provides those identified as needing more extensive Intervention with access to specialty care.
<http://www.integration.samhsa.gov/clinical-practice/sbirt/referral-to-treatment>

Alcohol and Substance Use Screening Instruments

- **AUDIT** – Alcohol Use Disorders Identification Test
http://libdoc.who.int/hq/2001/WHO_MS_D_MSB_01.6a.pdf
- **ASSIST** – Alcohol, Smoking, and Substance Involvement Screening Test
http://www.who.int/substance_abuse/activities/assist_v3_english.pdf
- **CRAFFT** – Substance Abuse Screen (for use with adolescents)
<http://ceasar-boston.org/clinicians/crafft.php>

DAST – Drug Abuse Screening

Test http://www.drtepp.com/pdf/substance_abuse.pdf

MAST – Michigan Alcohol Screening Test

<http://www.integration.samhsa.gov/clinical-practice/sbirt/Mast.pdf>

SMAST – Short Michigan Alcoholism Screening Test <https://hopequestgroup.org/wp-content/uploads/2011/09/SMAST-Short-Michigan-Alcohol-Screening-Test.pdf>

MAST-G – Michigan Alcoholism Screening Test Geriatric version

<http://docs.clinicaltools.com/pdf/sbirt/MAST-G.pdf>

CIWA-Ar – Clinical Institute Withdrawal Assessment of Alcohol Scale

Assessment for alcohol withdrawal. https://umem.org/files/uploads/1104212257_CIWA-Ar.pdf –

POSIT – Problem Oriented Screening Instrument for

Teenagers http://psychiatryassociatespc.com/doc/POSIT_Follow_up.pdf –

Additional SBIRT Resources

- **The Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS)** - Available to provide the physician's office with one-on-one SBIRT assistance. To learn more, please contact Angela Dickson, MSW, LCSW, ACSW, at 405-248-9331 or Angela.Dickson@odmhsas.org.

College of Surgeons – SBIRT in Trauma Centers

<http://www.facs.org/trauma/publications/sbirtguide.pdf>

Emergency Nurses Association – SBIRT Tool Kit

<http://www.ena.org/practice-research/practice/safety/injury%20prevention/sbirt/Pages/Default.aspx>

Ensuring Solutions CIWA-Ar – SBIRT Information

<http://www.ensuringsolutions.org/screen-for-alcohol-problems>

- **NIAAA** – Report on Brief interventions <http://pubs.niaaa.nih.gov/publications/AA66/AA66.htm>
- **National Institute on Drug use** – On-line screening

<http://www.drugabuse.gov/nidamed/>

- **ONDCP** – Office of National Drug Control Policy SBIRT webpage
www.whitehousedrugpolicy.gov/treat/screen_brief_intv.htm
- **SAMHSA** – Substance Abuse & Mental Health Services Administration SBIRT
<http://www.integration.samhsa.gov/clinical-practice/SBIRT>
- **SAMHSA** –Treatment locator
<http://findtreatment.samhsa.gov/>

Anxiety

- **Zung Anxiety Scale**
http://en.wikipedia.org/wiki/Zung_Self-Rating_Anxiety_Scale

Bipolar Depression

- **MDQ** – Mood Disorder Questionnaire
Thirteen questions derived from clinical experience and from the DSM-IV criteria that screen for a lifetime history manic or hypo-manic symptoms
<http://www.dbsalliance.org/pdfs/MDQ.pdf>

Children

- **Ages and Stages Questionnaire (ASQ-3)**
<http://agesandstages.com/>
- **Ages and Stages Questionnaire SE (ASQ:SE)**
<http://agesandstages.com/>
- **Modified Checklist of Autism in Toddlers (M-CHAT)** Twenty-three-item checklist for identifying autism in primary care
<http://www.firstsigns.org/downloads/m-chat.PDF>
- **Pediatric Symptom Checklist 17**
The PSC 17 can be used as a youth self report.
http://www.massgeneral.org/psychiatry/services/psc_forms.aspx
- **Pediatric Symptom Checklist Youth (Y-PSC)**
The Y-PSC can be used as a youth self report.
https://www.massgeneral.org/psychiatry/services/psc_forms.aspx
- **Pediatric Symptom Checklist 35**
Standard parent-completed PSC form consisting of 35 items.
http://www.massgeneral.org/psychiatry/services/psc_forms.aspx

- **Survey of Well-being of Young Children (SWYC)**
Forms are available for children 1 month-old to 60 months.
<https://www.floatinghospital.org/The-Survey-of-Wellbeing-of-Young-Children/Age-Specific-Forms.aspx>

<https://sites.google.com/site/swycscreen/>

- **Vanderbilt Assessment Scale-Parent Informant**
<http://www.myadhd.com/vanderbiltparent6175.html>

Depression

- **Zung Depression Scale**
<http://www.depression-help-resource.com/zung-depression-scale.pdf>
- **Hamilton Depression Scale**
<http://healthnet.umassmed.edu/mhealth/HAMD.pdf>
- **PHQ-9**
The PHQ-9 is a tool specific to depression. It simply scores each of the nine DSM-IV criteria, based on the mood module from the original PRIME-MD.
<http://www.phqscreeners.com/overview.aspx#>

Depression /Panic Disorder

- **PHQ Brief**
A shorter, alternative version of the PHQ that assesses depression, anxiety, psychological stressors and women's reproductive health.
<http://www.phqscreeners.com/select-screener/111>

Anxiety

- **Spence Children's Anxiety Scale**
http://www.scaswebsite.com/1_1_.html

Postnatal Depression

- **Edinburgh Postnatal Depression Scale**
Screening for postpartum women in outpatient, home visiting settings or at the 6 - 8 week postpartum examination.
http://www2.aap.org/sections/scan/practicingsafety/toolkit_resources/module2/epds.pdf

Domestic Violence

- **HITS: A Domestic Violence Screening Tool** http://www.baylorhealth.com/PhysiciansLocations/Dallas/SpecialtiesServices/EmergencyCare/Documents/BUMCD-262_2010_HITS%20survey.pdf

Eating Disorder

- **Scoff Eating Disorders Questionnaire –**
<http://www.fpnotebook.com/legacy/Psych/Exam/ScfQstnr.htm>

Elderly

- **Geriatric Depression Scale - Short**
<http://www.stanford.edu/~yesavage/GDS.english.short.score.html>
- **Cornell Scale for Depression in Dementia**
http://geropsychiatriceducation.vch.ca/docs/edu-downloads/depression/cornell_scale_depression.pdf

Gambling

- **Centre for Addiction and Mental Health (CAMH) Gambling Screen**
<http://www.problemgambling.ca/EN/ResourcesForProfessionals/Pages/CAMHGamblingScreen.aspx>

Suicide

- **Primary Care Pocket Guide** <http://www.sprc.org/sites/sprc.org/files/PCPocketCard.pdf>
- **The Risk of Suicide Questionnaire-Revised (RSQ-R)**
<http://www.integration.samhsa.gov/images/res/SBQ.pdf>

Trauma

- **Primary Care PTSD Screen**
<http://www.integration.samhsa.gov/clinical-practice/PC-PTSD.pdf>
- **Impact of Event Scale**
http://academic.regis.edu/clinicaleducation/pdf/s/IES_scoring.pdf

Other Screening Tools

PHQ-15 – A self-administered version of the PRIME-MD that contains only the mood, anxiety and some of the sleep disorder modules. This tool assesses the 15 most common physical symptoms in primary care. <http://www.phqscreeners.com/terms.aspx>